



The Vision to Enable Sports

MAY GAMES 2010 COMPETITION INFORMATION

Sport	Registration	Competition	Notes
Walk/ Parade/Athletics	Morton Stadium from 9.00 am	Morton Stadium Saturday 09.30 a.m. – 3.30 p.m.	Participants are required to provide their own guides.
Football	ALSAA Sports Hall at 10.30 a.m. sharp	ALSAA Sports Hall Saturday 10.30 a.m. – 3.30 p.m.	Shin-guards are compulsory. As athletics and Football run simultaneously, competitors may only enter one or the other.
Tenpin Bowling	Bowling Alley at 10.00 a.m.	ALSAA Bowling Alley Saturday 10.30 – 12.30 p.m. 1.30 p.m. – 3.30 p.m.	Averages and <u>NOT</u> handicaps must be submitted prior to the games. Afternoon fun bowling open to all
Swimming	Registration at ALSAA reception at 2 p.m.	Aer Lingus Swimming Pool Saturday 1.30 – 3.30 p.m.	Transport will be provided to take participants from ALSAA to the Swimming Pool complex.
Tandem Cycling	TBC	Route TBC Saturday 10.30 a.m. – 12.30 p.m.	When entering, please advise the name of your Pilot and confirm that you have your own tandem.



The Vision to Enable Sports

Please tick the events in which you wish to participate

Name	_____
Address	_____
Contact numbers	_____

SPORT	Boys & Girls	Juniors	Senior Men & Women
Athletics	<input type="checkbox"/> 60m <input type="checkbox"/> Long Jump <input type="checkbox"/> High Jump <input type="checkbox"/> Shot-Put <input type="checkbox"/> 4 x 60m Relay	<input type="checkbox"/> 100m <input type="checkbox"/> Long Jump <input type="checkbox"/> High Jump <input type="checkbox"/> Javelin <input type="checkbox"/> Shot-Put <input type="checkbox"/> Discus <input type="checkbox"/> 4 x 100m Relay	<input type="checkbox"/> Vets 60m <input type="checkbox"/> 4 x 100 Relay <input type="checkbox"/> 100 m <input type="checkbox"/> Long Jump <input type="checkbox"/> 200 m <input type="checkbox"/> 400 m <input type="checkbox"/> Shot-Put <input type="checkbox"/> Discus <input type="checkbox"/> Masters 2000m <input type="checkbox"/> Masters Shot Putt (SVs (M/f, B1, B2/B3)) <input type="checkbox"/> 800 m <input type="checkbox"/> Javelin <input type="checkbox"/> 1500 m <input type="checkbox"/> Pentathlon <input type="checkbox"/> 5000 m <input type="checkbox"/> Mile Walk <input type="checkbox"/> Rowing
Football			<input type="checkbox"/> Masters Fun Exhibition Game



The Vision to Enable Sports

<p>Swimming</p>	<ul style="list-style-type: none"> <input type="checkbox"/> 25m Front Crawl <input type="checkbox"/> 25m Backstroke 	<ul style="list-style-type: none"> <input type="checkbox"/> 25m Front Crawl <input type="checkbox"/> 25m Backstroke 	<ul style="list-style-type: none"> <input type="checkbox"/> 25m & 50m Front Crawl <input type="checkbox"/> 25m & 50m Backstroke <input type="checkbox"/> Masters 25m Freestyle (M/f, B1 and B2/B3) <input type="checkbox"/> Masters 50m Freestyle (M/f B1 and B2/B3)
<p>Bowling</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Individual Competitions B1, B2/B3 (Men and Women) Ten Pin Bowling 		
<p>Cycling</p>	<p>n/a</p>	<p>n/a</p>	<ul style="list-style-type: none"> <input type="checkbox"/> 10 Mile Time Trial <input type="checkbox"/> 25 Mile Time Trial <input type="checkbox"/> Masters Time Trial and Leisure Cycle