



Wheelchair Rugby Open days

- Saturday 22nd October 2011 (10am to 5pm) Antrim Forum, Gaelic Warriors play 4 games.
- Sunday 23rd October 2011 (2pm to 5pm) Antrim Forum, Introduction for new players to wheelchair rugby followed by a beginners coaching session.
- Saturday 29th October 2011 (2pm to 5 pm) at Olympia leisure centre Boucher road, Belfast. All new players will be involved in further training sessions (*Wheelchair rugby wheelchairs will be provided for both training sessions*).

If you are over 16, can self-propel a manual wheelchair, interested in wheelchair rugby and want to be a new player, come along and give it ago. All days are free.

Register your interest with Bernard Rooney on 07770777265 or email bberoo1@yahoo.co.uk.

www.gaelicwarriors.com



We need your help!

One of the major problems with wheelchair sports in N Ireland is the lack of it.

Other countries are more established in these sporting areas. In turn, the quality of life for those new to life in a wheelchair is higher and much easier to be part of.

The social side of disabled sports is extremely valuable to all participants, so hopefully you can partake and help get wheelchair rugby off the ground and lay down the foundations for those in the future.

This is a fantastic opportunity to introduce new players to the world of wheelchair rugby and create a structure in N Ireland whereby wheelchair rugby is played on a regular basis on a club, provincial and international level.

So please find time, come along and support the cause. It could change your life!